



We are in the heart of winter and continuing on our year-long journey of tea producing countries and regions of origin. This month's **Spotlight on...** section focuses on the Fujian Province in China. Check out this month's **Tea & Health** section for the latest research on tea's effect on the development of Alzheimer's Disease. We continue to strive to bring you the latest information about tea each month and we look forward to your comments and suggestions.

Spotlight on...Teas of China: Fujian Province

Last month we explored the Anhui Province in China. The second stop on our journey is the Fujian Province in China. Fujian is the largest producer of tea in China and manufactures tea in all categories (except for Pu'er). It is a predominantly mountainous region located along China's eastern coast across the Taiwan Strait from Taiwan. Here are some of the notable teas:



Fujian Province

- Oolongs were first developed in Fujian. The oolongs from the Wuyi Mountain Range in the northwestern part of the province are known as rock oolongs because of the rocky conditions in which they grow. These rocky conditions impart a pleasant and rich "mineral-like" taste to the teas. One type of rock oolong is Da Hong Pao (Big Red Robe), a high-oxidized oolong that is dark in color with rich earthy aromas and flavor. Ti Kuan Yin is another notable oolong and is on the list of China's Ten Most Famous Teas. It is low- to mid-oxidized with sweet floral notes and a rich creamy flavor.
- Bai Hao Silver Needle white tea also originated from Fujian and is considered by some to be the only authentic white tea. It consists of only pure tea buds and is completely hand-plucked and processed. It is delicate, smooth, and sweet with soft floral notes.
- Golden Monkey black tea is a modern twist on the historic Panyang Congou black teas that were first brought to Europe in the 17th century. It is smooth and sweet with notes of cocoa and fruit. Lapsang Souchong also originates from Fujian. It is a pine-smoked black tea and is great to use in cooking.
- The Chinese have scented their teas with different flowers, and jasmine has always been a popular one throughout many of the provinces. The best jasmine-scented green teas come from the Fujian Province, where the jasmine pearls originate. A good quality

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Upcoming Events



We do not have any shows scheduled at this time.

**Are you new to loose tea or just want to try some different teas?
Then host your own private tea-tasting!**

Invite your family and friends for a relaxing, fun and informative afternoon or evening.

Select from our menu of over 150 teas and herbal infusions from around the world. We carry the tried and true favorites, as well as some rare and unique teas.

Please contact us for pricing or to schedule a date.

jasmine is smooth and sweet with complex aromas of jasmine. The jasmine pearls unfurl to release their flavors and aroma.

Join us next month as we explore the Yunnan province....

Tea & Health: Tea and Alzheimer's Disease

A recent study conducted in England explored the effects of green tea consumption on the development of Alzheimer's Disease. They found that the polyphenols in green tea became more active once digested and more effective than previously thought in protecting the body from the factors that may trigger the onset of the dreaded disease. In particular, the polyphenols bind to two toxic compounds in the body (hydrogen peroxide and beta-amyloid), which have been shown to play a key role in the development of the disease.



*Yours in tea,
Kristine Henderson
The Pleasures of Tea*

631-278-5755

kristine@pleasuresoftea.com

Proud Member



Contact Info

631-278-5755

kristine@pleasuresoftea.com

February's Special Offers:

- **Feb11** - save 15% on teas in our **Chocolate Teas** category.
- **Ship** - free shipping on any order subtotal of \$75 or more.

Please mention one of the above codes when placing your order by phone or input it at checkout in our online shop www.pleasuresoftea.com.

Offer Expires: February 28, 2011

Only one coupon code may be used per order. Not to be combined with any other offers.